

# My Heart Story

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 Did you know that 172,000 people are living with a heart condition in New Zealand?

**That is one in twenty adults!**

Everyone of you has at least a relative (family or friend) which has a heart condition.

**If you are happy to share them with us, we want to hear those stories.**

**Write your story in the heart below and cut it out.**

When you come and visit the Brave Hearts exhibition, there will be a panel where you can leave those stories.



**BRAVE HEARTS**

[www.bravehearts.co.nz](http://www.bravehearts.co.nz)

